# HEALTH TOURISM IN SERBIA



NATIONAL TOURISM ORGANISATION OF SERBIA www.serbia.travel





# WELCOME TO SERBIA

Dear friends,

It is with great pride that I tell everyone wherever I go that we in Serbia have medical experts who excel in their fields and are capable of providing services to the highest international standards. On top of that, the fact that these services are very competitively priced, coupled with the well-known hospitality and cordiality of the Serbian people, the breath-taking nature, five natural parks, the advantageous geographical position and the strong infrastructural links, make a compelling case for Serbia's medical tourism and should be more than enough to convince each and every one of you to visit our beautiful country.

The Ministry of Health of the Republic of Serbia has integrated all of these facets into Serbia's medical tourism project, a thoroughly regulated and sound system in which it acts as the umbrella government authority, warranting for the work and quality of the participating medical institutions. It is therefore our sincerest belief that anyone who comes to our country for dental or aesthetic medicine services will leave highly satisfied with the quality and cost of the service and with fond memories of their stay, eagerly anticipating their next visit.

Welcome to Serbia, the country of medical tourism.

Minister of Health Zlatibor Lončar The brochure presents surgeries offering the most demanding and sought-after medical services that make up the medical tourism offering, which are performed according to the highest standards.

Only Serbia offers such a unique blend of business and pleasure, allowing you to enjoy the hospitality and affability of its people, while at the same time taking care of your dental or aesthetic medical issue.



Informacije o klinikama u Srbiji: www.smt.zdravlje.gov.rs

## AESTHETIC, PLASTIC AND RECONSTRUCTIVE SURGERY

Serbia has a long tradition of correcting aesthetic deformities and beautifying the human body by surgery and the clinics included in Serbia's medical tourism offering are at the top of their game.

These surgery clinics offer services matching the world's most renowned clinics and will help rejuvenate and improve your face and body, including breast augmentation, lift and reduction surgery, abdominoplasty, liposuction, skin tumour removal and facial scar and burn treatment, as well as plastic and aesthetic surgery of the face and neck, with the complete preoperative preparation.

All our clinics and surgeries feature operating theatres with state-of-the-art equipment and full monitoring, under constant supervision by physicians and nurses.

THE FOLLOWING AESTHETIC,
PLASTIC AND RECONSTRUCTIVE SURGERY
SERVICES ARE AVAILABLE IN SERBIA:

Face lift or facial rejuvenation

Rhinoplasty

**Breast augmentation** 

Liposuction

**Abdominoplasty** 

**Bariatric plastic surgery** 

**Chemical peel** 

**Botox** 



Linking the West and the East over the centuries, Serbia has always been a country where different civilisations, cultures, religions, climates and reliefs meet and intertwine.

It is situated in the central area of the Balkan peninsula, in Southeast Europe. Its northern part belongs to Central Europe and the geography and climate of some of its parts also make it a Mediterranean country.

Although landlocked, Serbia is intersected by the Danube, which links it with distant seas. Serbia lies at a European crossroads and straddles a geopolitically important territory. The international motorways and railways passing along its river valleys are the shortest link between Western Europe and the Middle East.

From the farmlands in the Pannonian Basin in the North, through the fertile river valleys and orchard-covered hills in the central Šumadija region, Serbia's relief gradually changes to mountainous terrain to the South, rich in canyons, gorges and caves, as well as pristine forests. The splendid mountains, national parks, rivers and lakes provide an excellent backdrop for an active vacation in the nature – from hunting and fishing to extreme sports.

Through the centuries of its rich history, Serbia has many times been at the centre of international and European attention, belying its size, economic power and population. Every inch of Serbia's cities and landscapes tells its own lesson in bravery, patriotism and the struggle for freedom. Serbia's earliest cultural and historical heritage dates back to the prehistoric archaeological sites and the ancient heritage. it main treasures are Serbian mediaeval churches and monasteries, some of which are listed as UNESCO World Heritage sites.

Serbia kicks up its heels throughout the year in a myriad of cultural, entertainment, traditional and sports events, underlining the country's creative force and spiritual health.

Today, Serbia is a modern, democratic European country, on the path to European Union membership. Every day, it is host to a diverse pool of tourist groups, from young backpackers to participants in congresses and fairs.

Statistically, the most frequently visited tourist destinations are its cities (Belgrade and Novi Sad), mountains (the Kopaonik and the Zlatibor) and spas (Vrnjačka Banja and Sokobanja).

## **GETTING THERE**

### BY PLANE

Serbia's national air carrier. Air Serbia, and many foreign airlines fly scheduled flights from the three international airports in Belgrade, Niš and Priština, linking the country with the whole world. An increasing number of low-cost airlines also fly from the Serbian airports.

#### **BELGRADE NIKOLA TESLA AIRPORT**

Surčin, 11180 Belgrade Phone: +381 (0)11 209-4444

www.beg.aero

Situation: 18 kilometres from Belgrade city centre

IATA airport code: BEG

Equipped for landing and take-off in all weather conditions CAT

#### **NIŠ CONSTANTINE THE GREAT AIRPORT**

Vazduhoplovaca 24. 18000 Niš Phone: +381 (0)18 585-858 www.airportnis.co.rs

Situation: 4 kilometres from Niš city centre

IATA airport code: INI

#### **PRIŠTINA AIRPORT**

Vrelo, 10070 Lipljan Phone: +381 (0)38 5958-123 www.airportpristina.com Situation: 16 kilometres from Priština city centre

IATA airport code: PRN

Currently administered by UNMIK

Air carriers

Air Serbia (JU)

Serbian national air carrier Air Serbia has scheduled and chartered flights to all major destinations in Europe, the Middle Fast and the Mediterranean.

Air Serbia

Bulevar umetnosti 16, 11070 Novi Beograd

Phone: +381 (0)11 311-4222

www.airserbia.com

Call Centre: 0800-111-528 (07.00-22.00)

Booking: +381 (0)11 3112-123

Air Serbia Cargo (cargo transport): +381 11 2010-123

#### Air taxi companies:

AIR PINK, Jove Ilića 13, Phone: +381 (0)11 3910-100, www.

PRINCE AVIATION, Goce Delčeva 40-42, Phone: +381 (0)11 3032-303, www.princeaviation.com

#### Heli taxi companies:

AEROPUT, Svetogorska 10, Phone: +381 (0)11 3243-480 SHUTTLE AIR, Nikola Tesla Airport, Phone: +381 (0)11 3191-771

#### Serbia and Montenegro Air Traffic Services Agency

Trg Nikole Pašića 10, 11000 Belgrade Phone: +381 (0)11 2286-200, 3104-851, fax: 2286-198 e-mail: flight.planning@smatsa.rs

www.smatsa.rs

**AFS: LYBBYEYX** Telex: 11 215 LYBEYU SITA: BEGTC8X

## **Civil Aviation Directorate of the Republic of**

Bulevar Zorana Đinđića 144. 11070 Novi Beograd Phone: +381 (0)11 292-7169 www.cad.gov.rs

#### **Aeronautical Union of Serbia**

Uzun-Mirkova 4/I, 11000 Belgrade Phone: +381 (0)11 2626-235 www.vss.rs

### **BY BUS**

Serbia is situated at the crossroads of major routes between Eastern and Western Europe, which run through the Morava-Vardar valley and the Nišava-Marica valley to the Aegean shores and on to Asia Minor and the Middle East.

Regular bus lines links Serbia with all neighbouring Balkan countries and with most Central and Western European countries. There is also a diverse network of bus lines between all cities and towns in Serbia.

#### **BELGRADE BUS STATION**

Železnička 4, 11000 Belgrade

Phone: +381 (0)11 664-4455, www.bas.rs

- National and regional lines: +381 (0)11 2636-299 (05.30-22.00)
- International lines: +381 (0)11 2627-146, 2622-526, 2180-377

#### LASTA - EUROLINES TRANSPORT COMPANY

Autoput Beograd - Niš 4, 11050 Belgrade, Phone: + 381 (0)11 3348-555

www.lasta.rs. www.eurolines.rs

• Lasta Bus Station

Železnička 2, 11000 Belgrade, Phone: + 381 (0)11 3206-911

## BY CAR

Serbia lies along the Pan-European Corridor X, which is the shortest route between Western Europe and the southernmost part of the continent and directly links eight countries: Austria, Slovenia, Croatia, Hungary, Serbia, Bulgaria, Macedonia and Greece, Belgrade is at the junction of European routes E-70 and E-75, Niš is where E-75 and E-80 routes cross, while E-80 and E-65 routes cross in Priština.

#### The main road routes in Serbia include:

- From the North, from the Hungarian border, the E-75 route: Horgoš - Subotica - Novi Sad - Belgrade - Niš - Vranje -Preševo and on to Macedonia
- From the West, from the Croatian border, the E-70 route: Batrovci - Sremska Mitrovica - Belgrade - Pančevo - Vršac -Vatin and on to Romania
- From the East, from the Bulgarian border, the E-80 route: Gradina - Dimitrovgrad - Pirot - Niš - Prokuplje - Priština -Kosovska Mitrovica - Mehov Krš and on to Montenegro

#### To enter Serbia, drivers of motor vehicles with foreign licence plates need the following:

- National driving licence
- Vehicle registration certificate (with the authorisation to drive a motor vehicle where appropriate)
- Insurance policy (Green Card)

### BY TRAIN

Serbia is intersected by Pan-European Corridor X, which gives it a diverse network of railway links to all parts of Europe by numerous day and night trains. Serbian Railways offers the following commercial discounts:

Interrail, Euro Domino, Railplus, Balkan Flexipass, Easy Travel Card. Euro<26. City Star. ISIC. Uniform Balkan Tariff and discounts for groups and children.

#### **SERBIAN RAILWAYS**

Nemanjina 6, 11000 Belgrade, Phone: +381 (0)11 3616-722 - Passenger Transport Directorate, Phone: +381 (0)11 3616-962 www.zeleznicesrbiie.com

#### **Belgrade Main Railway Station**

Savski trg 2, 11000 Belgrade, Phone: +381 (0)11 360-2899 (00-

International train tickets can be bought in advance from the ticket booths at railway stations from travel agents, not more than two months before the initial validity date.

#### **Booking:**

- Call centre: phone: +381 (0)11 360-2899 (00-24)
- Web: www.zeleznicesrbiie.com

#### **Booking for large groups:**

Seat Booking Centre, Sayski trg 2, 11000 Belgrade Phone: +381 (0)11 2645-763, fax: 2658-888

# THINGS YOU SHOULD

A foreigner in Serbia will get a feel for the hospitality, politeness, openness and cordiality of its people in no time. A handshake – using the right hand – is obligatory when introducing and meeting someone, regardless of the gender. While kisses are not obligatory when meeting someone for the first time, if the person you meet likes you, whenever you encounter them after the initial contact, you will be greeted with three kisses on the cheeks, in the typical Serbian fashion. Of course, no one will hold it against you if you offer one or two kisses, with a long and cordial hug.

People in Serbia usually raise a toast by drinking "rakija", a fruit brandy, usually home-made. A toast involves the clinking of glasses, with obligatory eye contact and the exclamation "Živeli!" (Cheers!). Toast are usually raised only during celebrations and are commonly given by the host, but a guest may also be invited to make a toast.

Serbs enjoy large portions of spicy food and usually eat three meals a day, with lunch being the heaviest meal. An important aspect of the Serbian mentality is "picking up the tab" at a restaurant. A host will almost never allow a guest to pay for a lunch, dinner or drink, because it is customary for the host to cover all expenses while entertaining a guest. Unlike the rest of Europe, in Serbia every day of the week is an occasion for spending a night out. This is true of all generations, lifestyles and music genres and can be done on any budget. After a crazy night out, around 3 or 4 in the morning, it is time to feast on grilled meat or snack on "burek", a filled pastry made of phyllo dough.

## **IMPRESUM**



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#### **HEALTH TOURISM IN SERBIA**

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